

PERFORMANCE PHYSICAL THERAPY

Patient Registration

Please Print Clearly

Patient Name: _____ Birth Date: _____ Gender: M F
Last First MI

Address: _____
Street/PO Box Apt # City State Zip+4

Employer: _____ Social Security # _____ - _____ - _____

Phone: () _____ Cell phone: () _____ Work Phone: () _____

Appointment Reminders: Our office does not make Appointment Reminder telephone calls. However you may choose to receive Appointment Reminders by text message or by email. Please indicate one choice below:

Text message reminder to the above cell phone number. My cell phone carrier is : _____

I recognize that normal text messaging rates may apply.

Email reminder to this email address: _____

Parent (if **minor** or **college student**)/Responsible Party Name: _____ Date of birth _____

Address: _____ Phone () _____
Street City State Zip

REASON FOR VISIT/Area of body to be treated: _____ Date of onset: _____ Date of surgery: _____

Primary Physician: _____ Referring Physician: _____

HEALTH INSURANCE INFORMATION

Primary Insurance: _____ Subscriber's Name: _____ Subscriber's Birth date _____

Consumer/Subscriber# _____ Group Plan # _____ Co Pay _____

Secondary Insurance: _____ Subscriber's Name: _____ Subscriber's Birth date _____

Consumer/Subscriber# _____ Group Plan # _____

ACCIDENT INFORMATION

MOTOR VEHICLE ACCIDENT, Date of injury: _____

In Washington State? Yes No If No, where? _____

PIP Insurance: _____

Claim #: _____

PIP Adjuster: _____

Phone: _____

If you have consulted an attorney, please provide:

Attorney Name: _____

Phone #: _____

WORK RELATED INJURY, Date of injury: _____

Employer at time of injury: _____

Have you received previous Physical Therapy for this claim?

Yes No If yes, where? _____

Washington State L&I Claim #: _____

If self-insured Workman's Comp,

Name of Company: _____

Address: _____

Phone#: _____

Adjuster: _____

Please sign CONSENT and RELEASE on Reverse

Staff _____

Eval Date _____

Therapist _____

Revised 12/13

Consent to Treat and Authorization to Bill Insurance

I consent to treatments and authorize use of this signature for the release of medical information necessary to process all claims with my insurance company. Performance Physical Therapy (PPT) will bill my insurance company directly and I authorize direct payment of benefits to PPT. I understand it is my responsibility to know my healthcare benefits, its limits and non-covered items. I will keep Performance Physical Therapy informed of any changes to my insurance coverage. I will be personally responsible for any copays, deductible, or non-covered balances remaining after insurance consideration. I understand that my insurance requires that copays are made at the time of each visit.

If I choose to receive Appointment Reminders by text messaging, normal text messaging rates may apply.

I also understand that any email communication that I may agree to receive is not sent in an encrypted format.

Date: _____

Signature of Patient or responsible party (if patient is a minor)

"NOTICE OF PRIVACY PRACTICES"

Law requires us to make a good faith effort to obtain your signature signifying you have been offered a copy of our Notice of Privacy Practices. You have the right to read our Notice of Privacy Practices before you decide whether to sign this Consent. The Notice provides a description of our treatment, payment, healthcare operations, and the uses and disclosures we may make of your Protected Health Information. It explains in detail the procedures we use to protect your healthcare and personal information. Please take the time to read it carefully and completely.

"By my signature below I acknowledge receipt of the Notice of Privacy Practices. I also understand that I am giving my consent to the use and disclosure of my protected health information to carry out treatment, payment activities, and health care operations."

Patient or legally authorized individual signature

Date

Time

MEDICARE PATIENTS: PLEASE COMPLETE THIS SECTION

LIFETIME AUTHORIZATION

Provider: Performance Physical Therapy, Inc.
2075 Barkley Blvd, Suite 200, Bellingham, WA 98226 **OR**
1616 Cornwall Ave, Bellingham, WA 98225

Patient's Name: _____

Patient's Medicare #: _____

Patient's Address: _____

This authorization is good until revoked/rescinded by patient.

I request that payment under the medical insurance program be made to the provider named above on any bills for services furnished to me during the effective period of this authorization and I authorize the above named provider to release to the Social Security Administration or its intermediaries or carriers any information needed for this claim or any related Medicare claim. I further permit a copy of this authorization to be used in place of the original.

Date: _____

Patient's Signature: _____

FUNCTIONAL INDEX

Choose the one answer in each section that best describes your ability to complete daily activities during the past week.

WORK

(Applies to work in home and outside)

- I can do as much work as I want to.
- I can only do my usual work, but no more.
- I can do most of my usual work, but no more.
- I cannot do my usual work.
- I can hardly do any work at all (only light duty).
- I cannot do any work at all.

PERSONAL CARE

(Washing, Dressing, Grooming, etc.)

- I can manage all personal care without symptoms.
- I can manage all personal care with some increased symptoms.
- Personal care requires slow, concise movements due to increased symptoms.
- I need help to manage some personal care.
- I need help to manage all personal care.
- I cannot manage any personal care.

SLEEPING

- I have no trouble sleeping.
- My sleep is mildly disturbed (less than 1 hr. sleepless).
- My sleep is disturbed 1-2 hrs.
- My sleep is disturbed 2-3 hrs.
- My sleep is disturbed 3-5 hrs.
- My sleep is completely disturbed (5-7 hrs. sleepless).

LEISURE/SPORTS

(Indicate Sport if Appropriate _____)

- I am able to engage in all my regular leisure/sports activities without increased symptoms.
- I am able to engage in all my leisure/sports activities with some increased symptoms.
- I can do most, but not all of my usual leisure/sports activities because of increased symptoms.
- I can do a few of my usual leisure/sports activities because of increased symptoms.
- I can hardly do any leisure/sports activities because of increased symptoms.
- I cannot do any leisure/sports activities at all.

REACHING

- I can reach a high shelf to place an empty cup without increased symptoms.
- I can reach a high shelf to place an empty cup with some increased symptoms.
- I cannot reach a high shelf to place an empty cup, but I can reach up to a lower shelf without increased symptoms.
- I cannot reach a lower shelf without increased symptoms, but I can reach counter height to place an empty cup.
- I cannot reach my hand above waist level without increased symptoms.
- I cannot reach at all.

NAME _____

DATE _____

TIME _____

AM/PM _____

Initial Visit

Discharge Visit

LIFTING

- I can lift heavy weights without difficulty.
- I can lift heavy weights but it gives extra pain.
- I cannot lift heavy weights overhead, but I can manage if they are positioned on a table.
- I can lift light to medium weights if they are conveniently positioned.
- I can lift only very light weights.
- I cannot lift or carry anything at all with my involved hand.

CARRYING

- I can carry heavy loads without increased symptoms.
- I can carry heavy loads with some increased symptoms.
- I cannot carry heavy loads overhead, but I can manage if they are positioned close to my trunk.
- I cannot carry heavy loads, but I can manage light to medium loads if they are positioned close to my trunk.
- I can carry very light weights with some increased symptoms.
- I cannot carry anything at all.

DRIVING

- I can drive without difficulty.
- I can drive my car as long as I want to with slight pain.
- I am limited to using one hand, but can drive necessary distances.
- I can drive as long as I want to with moderate pain.
- I can drive only limited distances because of severe pain or limited hand use.
- I cannot drive my car at all.

DEXTERITY

- I have no difficulty performing fine manipulation tasks.
- I experience slight discomfort, stiffness, or swelling with regular tasks.
- I perform tasks at a slower pace, or activity is occasionally limited by symptoms.
- I perform tasks at a slower pace, and I am frequently limited by symptoms of stiffness, swelling, or discomfort.
- I tolerate only the very lightest tasks and infrequently handle objects.
- I cannot do fine manipulation tasks.

WRITING

- I can write as long as I want to without symptoms.
- I can write as long as I want to with adaptive equipment or setup.
- I can write with some difficulty or limitation.
- I have a lot of difficulty with writing and I am frequently limited.
- I can write my name only.
- I am unable to tolerate writing at all.

ACUITY (Answer on initial visit.)

How many days ago did onset/injury occur? _____ days

Please complete opposite side

PAIN INDEX

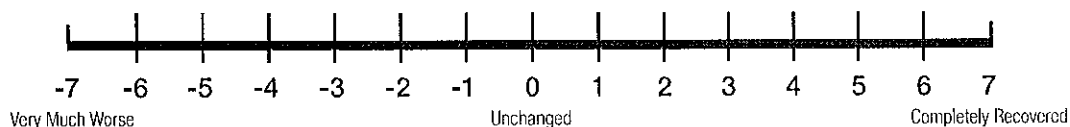
Please indicate the worst your pain has been in the last 24 hours on the scale below

No Pain  Worst Pain Imaginable

PLEASE DO NOT COMPLETE THE FOLLOWING SECTIONS ON FIRST VISIT

GLOBAL RATING OF CHANGE

With respect to the reason you sought treatment, how would you describe yourself now compared to your first treatment at our clinic?
(Circle one)



■ WORK STATUS (check most appropriate)

1. No lost work time
2. Return to work without restriction
3. Return to work with modification
4. Have not returned to work
5. Not employed outside the home

Work days lost due to condition: _____ days

I am aware that the information gathered on this form may be used anonymously for research or publication. Please initial: _____